

Tredyffrin Easttown School District Middle School Lunch Menu

Meal Prices

Student Paid \$2.95
 Student Reduced \$.40
 Adult Lunch \$4.50



Register at
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 balance email notifications!
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 incur a \$1.95 fee. All other

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		29	30	31	1	2
Entrée		Popcorn Chicken w/ Dipping Sauce	Penne Pasta w/Spagetti Sauce n Meatballs	Chicken & Cheese Quesadilla w/Salsa Dip	Soft Taco w/ Cheese, Tomato, Lettuce, Salsa	Individual Round Pizza
Sides		Mashed Potatoes, Broccoli w/dip, Orange Smiles	WW Roll, Tossed Salad, Sliced Cucumber w/dip, Chilled Mixed Fruit	Black Beans, Corn, Chilled Pears	Corn, Carrot Sticks, Fresh Red Grapes	Green Beans, Tossed Salad, Apple Slices
		5	6	7	8	9
Entrée		Labor Day No School	Cheesesteak on a Sub Roll	Italian or Ham & Cheese Hoagie w/Lettuce, Tomato	Oven Baked BBQ Chicken, WW Roll	French Bread Pizza
Sides			Potato Puffs, Green Beans, Chilled Pears	Potato Salad, Fresh Apple	Mashed Potatoes, Carrot Sticks, Fresh Red Grapes	Green Beans, Tossed Salad, Fresh Banana
		12	13	14	15	16
Entrée		Cheese Breadsticks w/ Marinara Sauce	Meatball Sandwich on a Roll w/ Mozzarella Cheese	WW French Toast w/ Sausage Patty	General Tso's Chicken w/Rice	Stuffed Crust Pizza
Sides		Broccoli Sliced Cucumber w/dip, Peaches in Juice	Potato Puffs, Broccoli w/dip, Applesauce	Baby Carrots w/dip, Sliced Cucumber w/dip, Chilled Pears	Stir Fry Vegetables, Baby Carrots w/dip Mixed Fruit	Corn, Tossed Salad, Pineapple Chunks
		19	20	21	22	23
Entrée		Nachos w/Seasoned Beef, Cheddar Cheese, Salsa	Chicken Nuggets w/ WW Roll	Italian Sausage Sandwich w/ or w/ Sautéed Onions, Peppers	Toasted Cheese Sandwich with Tomato Soup	Big Daddy's Pizza
Sides		Diced Tomatoes, Corn, Chilled Pears	Potato Puffs, Broccoli w/dip, Orange Smiles	Baked Beans, Peas, Peaches in Juice	Green Beans, Carrots w/dip, Fresh Red Grapes	Baby Green Beans, Tossed Salad, Chilled Mixed Fruit
		26	27	28	29	30
Entrée		3 Cheese Calzone w/Marinara Dip	Sloppy Joe on a Bun	1/4# Hot Dog on a Bun	Chicken Parmesan	Buffalo Chicken Pizza
Sides		Corn, Steamed Broccoli Peaches in Juice	Potato Puffs, Broccoli w/dip, Orange Smiles	Baked Beans Baby Carrots w/dip Chilled Pears	Steamed Carrots Sliced Cucumber w/dip Fresh Grapes	Green Beans, Tossed Salad, Chilled Mixed Fruit

Alternate Entrees

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Grill		Chicken Patty on a Bun BBQ Grilled Chicken on a Kaiser Roll Cheeseburger on a Bun	Chicken Patty on Bun Chicken n Cheese on a Bun Cheeseburger on a Bun	Chicken Patty on Bun BBQ Rib /Kaiser Roll Cheeseburger on a Bun	Chicken Patty on Bun Bacon Cheese Burger on a Bun Cheeseburger on a Bun	Chicken Patty on Bun Veggie Burger/Kaiser Roll Cheeseburger on a Bun
Salad		<i>Salad Bar or Platter</i>	<i>Salad Bar or Platter</i>	<i>Salad Bar or Platter</i>	<i>Salad Bar or Platter</i>	<i>Salad Bar or Platter</i>
Deli/ Wrap		Turkey & Cheese	Buffalo Chicken Wrap	Ham & Cheese	Chicken Caesar Wrap	Tuna Salad
Pizza		Mickey's Pizza	Mickey's Pizza	Mickey's Pizza	Mickey's Pizza	Mickey's Pizza

Milk is Available with all meals: Non-fat Chocolate, 1% White and Skim ■ 4oz Apple and Grape Juice is available with each meal